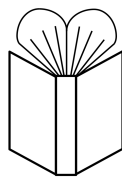


# Well in the Lead

*an academic leader's companion*

Elizabeth Odders-White  
Suzanne Dove



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This publication is intended to offer the reader helpful insights into the universal experiences of academic leaders. Examples in the book are an amalgamation of the authors' personal and professional experiences. *Well in the Lead* is not a substitute for legal advice, career counseling, mental health care, or any other form of expert assistance. Please seek the services of a qualified professional if needed.

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## In prayer

Dear God,

Please help me find the words  
that will allow others to truly hear and understand.

Help me listen with openness and compassion,  
seeking the key insights in others' words  
and in my own inner dialogue.

Help me pause when I need to  
rather than rushing from one thing to the next  
with no chance to process  
or set clear intentions.

Help me remain present  
during even the most challenging encounters.

And when I slip up,  
help me remember that mistakes  
are part of being human  
and miscommunications  
can always be remedied.

With gratitude for all of this and so much more,  
Amen.