Well on Your Way

an assistant professor's companion

Elizabeth Odders-White



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Stretch

Raft in water I float gently gracefully even.

Effortless flow.

Downriver spear-like branches a tangle of chaos terror.

I scramble for shore raft torn deflated. Spirit torn deflated too.

Yet I knew this might come.

Backpack guards a small rubber patch sticky strong.

Soon I float gently gracefully even.

Well on Your Way

Effortless flow.

Downriver piercing rocks a minefield of chaos terror.

I scramble for shore raft blown to bits. Spirit blown to bits too.

Still I knew this might come.

Backpack shields neatly folded raft sturdy strong.

Soon I float gently gracefully even.

Effortless flow.

Downriver a whirlpool maelstrom of chaos terror. I cough sputter raft devoured by the force. Spirit devoured by the force too.

I search for dry ground desperate grasping to no avail.

No raft.

No backpack.

No knowing what might come.

No choice but to give a beaten body soul over to icy water.

Shavasana (corpse pose).

Soon the current shifts.

Well on Your Way

I float gently gracefully even.

Limbs outstretched fully free.

Effortless flow.

